

2.6 FAMILY SERVICE

Objectives

The service objectives are to preserve and strengthen the family unit, by empowering individuals and their families as a whole, through different levels of professional intervention, and to improve the quality of family life.

Highlights of the Year / Achievement

Sharing of Life Stories

In celebration of the 15th Anniversary of Family Crisis Support Centre, seminar on “Sharing of Life Stories” was launched. The event witnessed the process of transforming people’s psychological wounds into growth from all walks of life. It kicked off the services on “Trauma Work” in Family Service.



- More than 200 audiences attended the seminar and touched by the stories shared by the guests

FLY Project II

Seven Integrated Family Service Centres (“IFSCs”) were supported by Simon K.Y. Lee Foundation Limited to implement an evidence-based FLY Project II. It pioneered the launching of service in an intensive format with active participation of parent-child dyads of low income families.



- FLY Project II provided effective early childhood education and parenting education

Reaching the Unreachables and Breaking Codependency - Support Platform for Family Members of Substance Abusers

The Project, supported by the Beat Drugs Fund Association, aimed at early identification and treatment of hidden family members of substance abusers with codependency. Casework, therapeutic group work, medical support and other services were provided for developing functional family relationship.



- A book and DVD to share family members’ stories in treating codependency

Making Collective and Stronger Resistance Against Sexual Violence

The Caritas Community Support Project on Inviting Men Against Sexual Offence co-organized with Dr. Angela Tsun On Kee to launch the captioned project. A micro-film “Unheard Voice” was produced.

性侵問題你我他，共敘對抗可以嗎？
以敘事理念，探索對抗性侵犯新策略

精彩內容包括：
微電影欣賞、尋找精靈遊戲、即興劇、共敘「策略樹」

日期：2017年3月10日（星期五）
時間：晚上7時至9時
地點：九龍塘香港浸會大學 浸會大學道校園教學及行政大樓三樓301室(AAB301)

對象：有興趣探索引發性侵犯的元素及對抗策略的大專同學

活動詳情及報名請參閱：
<https://goe.gl/eToFOC>

聯繫明天計劃官網：
<http://www.dshccaritas.hk>

- Volunteers and users organized a sexual abuse preventive programme to collect resisting strategies from university students

Towards More Professional Practice in Counseling

Caritas Family Service (“CFS”) is the first agency in Hong Kong to receive the official certification in the use of Integrative Family and Systems Treatment (“I-FAST”). The certification process started from 2012 with around 200 case workers and supervisors attended ongoing I-FAST training and supervision in the following years. Up to March 2017, 11 supervisors and senior workers were qualified as I-FAST supervisors.



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New Projects

Caritas Jockey Club “Life Coaching” Community Support Network - Suicide Prevention Service for Children and Youth

With the support from the Hong Kong Jockey Club Charities Trust, CFS has started the captioned two-year project to build up a caring community to help children and adolescents to overcome adjustment difficulties and grow to be positive and resilient young adults. The project has adopted the concept of “gatekeeper” with three-tier model of intervention in partnership with schools and IFSCs.



- Guardian Angel Training for Teachers: Clinical psychologist was invited to share knowledge and skills of being a gatekeeper

Gains of Soul: Community Support Programme on Psychological Wounds

This was a three-year project supported by The Community Chest of Hong Kong. It aimed at enhancing the community resilience by facilitating the awareness and knowledge on psychological wounds through community education and support to the clients who were having traumatic experience. The project also provided trauma education to the professionals.



- Participant's artwork from the workshop "Suffering, Meaning and I"

Love & Care: Starting From Children

This is a two-year joint project of CFS and Caritas Pre-school Education and Child Care Service providing a comprehensive social work service programme for nursery schools. The project was funded by Porticus Asia Limited. Three Caritas nursery schools were selected to have the social worker stationing service. It aimed to provide preventive, developmental and remedial service for children, parents and teachers. Evidence-based research was built in by the educational psychologist.



- Children's group on executive function

New Publications



- "Sharing the Sweet and Sour of Marriage" – A comic book written by experienced marriage counsellors of Family Service to share the core values of marriage which were conducive to a happy and ever-growing marital life



- "Investment? Gambling? – The Gambling Journey of 10 Stock Market Investors" helps the readers to obtain reflection through the evolution of investment into problem gambling



- "Application of Narrative Approach in Exploring New Strategies In Resisting Sexual Abuse" introduces a collective approach in resisting sexual abuse and was published by the Caritas Community Support Project on Inviting Men Against Sexual Offence